

## Depression eLearning training module now available

As part of our ongoing goal to support physical health providers in delivering integrated care, we would like to introduce our depression eLearning training module. This online training module is designed to give you an overview of depression and how to incorporate evidence-based screenings and appropriate follow-up treatment into your care for our members.

Upon successful completion of this training, you should be able to:

- Define depression.
- Recognize and screen for depression in patients.
- Measure the severity of depression using the Patient Health Questionnaire 9 (PHQ-9) for adults and the PHQ modified for adolescents (PHQ-9A).
- Identify ways to treat depression.
- Recognize the Healthcare Effectiveness Data and Information Set (HEDIS®) Antidepressant Medication Management (AMM) measure.
- Locate resources and support available from Keystone First, including our Behavioral Health Provider Toolkit.

Please let us know you have completed the training by clicking on the Attestation Form link at the end of the training and completing the brief survey. You can access the Keystone First depression eLearning training module at, [www.keystonefirstpa.com](http://www.keystonefirstpa.com) → Providers → Resources → Behavioral health.

Keystone First can also offer your practice in-person, on-site behavioral health training from a clinical educator. If you are interested, or have any questions, contact your Provider Account Executive.